




Mr. SUJIT PATRA

(Guest lecturer)

Department : Physical Education

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 Panskura, Purba-Medinipur

Educational Qualification:

- B.A (General) under Vidyasagar University (V.U)
- B.P.Ed (1st Class) under University of Kalyani (K.U)
- M.P.Ed (1st Class), K.U
- M.Phil- in Physical Education (1st Class), K.U



Sports Achievements:

- Represented Vidyasagar University in East Zone KHO-KHO (Men) Tournament- 2010.
- Represented Vidyasagar University in East Zone KHO-KHO (Men) Tournament- 2011.
- Represented Vidyasagar University in East Zone KHO-KHO (Men) Tournament- 2012.
- Participated in XII- Inter Non-Govt. College state Athletic meet- 2011.
- Participated in Inter University KHO-KHO Tournament- 2013, as representative of K.U

Teaching Experience:

- ❖ Worked as part time Teacher cum Gym-instructor for two years at Haldia Govt. College.
- ❖ Two years in the Dept. of Physical Education, Naba Barrackpur Prafulla Chandra Mahavidyalaya (NBPCM).

Specialized area & Research Experience:

- ♠ **Games :** Kho-Kho, Volleyball, Athletics & Yoga
- ♠ **Topics :** Health education, Sports training, Sports Psychology, Rehabilitation
-  **Master's Dissertation:** Study on Stress management.
-  **M.Phil thesis:** Comparative study on Wellbeing & Personality traits.

Co- Curricular activities:

- Member of NSS special camp in 2015 organized by University of Kalyani.
- Actively participated in Songkhipto Bratachari Anushilon.
- Completed computer course – ‘Advance Diploma in Computer Application’.
- Successfully completed – ‘Certificate course in Yoga education’ in 2015. (B.U)

Award received:

- ♠ Awarded as the best NSS volunteer in 2016- 2017 under University of Kalyani.