

Soumen Ghosh

Psychologist

M.Sc. in Clinical and Counselling Psychology (WBSU)

Mob: 9903573673;

email: *soumoghosh2109@gmail.com*

I am a Counselling Psychologist with zeal in dealing with children & adults going through emotional and behavioural disturbances and in helping them to increase a state of equilibrium. Behavioural therapy, cognitive behaviour therapy, marital counselling, relaxation technique, Parent training program and art therapy are some of the mode of therapy that I specialized in.

WORK EXPERIENCES

- Currently interning as field worker for **the ICSSR funded major project entitled “Exploration of Mental Health Literacy and Intervention for Promotion of Mental Health Awareness in North 24 Paraganas, West Bengal”** undertaken by Dr. Sreemoyee Tarafder.
- Completed an **Oral History Student Internship programme** granted by **The 1947 Partition Archive** in 15th August, 2018. In this internship, as an intern, I took 24 interviews of 24 partition witnesses and those interviews were archived in **Stanford University Libraries**.
- Currently working as Guest Lecturer in Department of Psychology in New Barrackpore Prafulla Chandra College.

CLINICAL INTERNSHIP

2018 to 2019

Attended Clinical Internships at:

- Pavlov Mental Hospital.

Treatments Executed:

- Psychometric Tests :
 - **IQ assessments** (WAIS-IV,WISC-IV, DST, BKT, MISIC, SFBT)
 - **Neuropsychological assessments** (PGI-BBD, BGT, MMSE)
 - **Personality assessments** (MMPI, MCMI, NEO-FFI, EPQ, TCI)
 - **Projective Tests** (Rorschach Inkblot Test, Thematic Apperception Test, Children Apperception Test)
- Therapies :
 - **Progressive Muscle Relaxation**

- **Exposure and Response Prevention**, Cognitive Behavioural Approach of Obsessive Compulsive Disorder
- **Cognitive Behavioural Therapy** for Depression
- Art therapy

CREDENTIALS

Academics

- ☐ **Qualified Masters in Clinical and Counselling Psychology from West Bengal State University**, with 76% (2019), final C.G.PA- 4.80 and equivalent percentage- 76.00.
- ☐ **3 years Bachelor Degree In Psychology-** under **West Bengal State University** with 56.75% (2017)
- ☐ **Qualified W.B.C.H.S.E. (10+2) Examination** with 75.4% (2014)
- ☐ **Qualified W.B.B.S.E. (10th) Examination** with 80.28% (2012)

Additional Qualification : Qualified for UGC NET (Assistant Professor) in June 2019.

Seminars Attended

- ☐ Participated in a Debate Competition on “Childline Se Dosti” organised from Barrackpore Rastraguru Surendranath College by Childline on November, 2014.
- ☐ Participated in UGC State Level seminar on “ Development of Personality from Different Schools of Thought” organized by Dept. of Psychology in association with IQAC, Barrackpore Rastraguru Surendranath College on 17th February, 2017.
- ☐ Participated in a seminar on “Mental Health Literacy and Promotion of Mental Health” organised by Dept. of Psychology, Adamas University on 4th December, 2018.
- ☐ Participated in a seminar on “Mental Health Awareness” organised by Women’s Cell & Dept. of Psychology, The Bhawanipur Education Society College on 8th March, 2019.

Research Activities / Projects

- **2019** : Research Paper submitted in partial fulfilment of Masters’ in Psychology
TOPIC: “An Experimental Probe into the Relationship between Binaural Beats and Memory and Attention” under the guidance of Mr. Rupam Banerjee, Guest Lecturer, West Bengal State University.

Computer Knowledge

- General computing knowledge including Microsoft Office, Emailing and general Internet access.

Extracurricular Activities

- Indian Classical Violin player.

PERSONAL PARTICULARS

Father's Name- Sri Sujit Kumar Ghosh

Mother's Name- Smt. Rupali Ghosh.

Address- 8/1, Hara Ghosh Road, Athpur, North 24 Pgs

P.S. - Jagaddal, P.O. – Athpur, District- North 24 Pgs

PIN- 743128, West Bengal.

Date of Birth- 21st September, 1995.

Sex- Male.

Nationality- Indian.

Marital Status- Single.

REFERENCES

- **Dr. Sreemoyee Tarafder** : 9433098787
- **Dr. Debadeepa Banerjee** : 9830629990