**Arup Sen** phone no: +91 9038609089,7044656326

**M.Sc. in Counseling Psychology** email: the.arupsen@gmail.com

Presently working as **Guest lecturer** of psychology in **Naba Barrackpore Prafulla Chandra Mahavidyalaya** and **Panihati Mahavidyalaya.**

**Description**

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| --- | --- |
| I am a student in the discipline of Psychology. I have received training in some modes of psychotherapy, such as, **Cognitive Behaviour Therapy, Behaviour Modification, Marital Therapy etc**. Additionally, I also hold some basic knowledge of **ArtTherapy**. |  |

**Qualities**

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| **Sense of responsibility, punctuality, orderliness, adaptability, warmth, tenacity.** |  |

**Attended Clinical Internship** at Pavlov Mental Hospital

**West Bengal University of Health Science, Salt Lake**

Post graduate Diploma in Disability Rehabilitation Management, 2017

Obtained Percentage: 76.80%

**Attended Internship** at NIMH, NIVH, NIHH, NILD, Santiniketan (Social Studies Department)

**Attended Seminars**

**Year – 2013-14**

* Seminar on ‘Masculinity’ by Dr. AnuttamaBanerjee, Clinical Psychologist
* Seminar on Gender sensitization and Gender‘Otherness’, Sappho for Equality
* Presentation on awareness of Mental Illness stigma, Anjali Mental Health Foundation

**Year – 2014-15**

* A three day workshop on Sexuality Academy, Sappho for Equality,
* Neuro-Linguistic Programming, Dr. Abraham Abraham,
* Organized a seminar for Sexual Awareness at Barrackpore with help from Sappho for Equality
* Paper presentation at ITTTR Bhopal conducted by NAOP
* Worked under a project on Cancer Awareness

**Year – 2015- Till Date**

* Seminar on Music and Psyche
* A two day workshop on family therapy
* Seminar and Paper presentation on 100 years of Psychology
* Seminar on Addressing Borderline personality Disorder
* Seminer on Psycho dynamic study by osamu kitayama
* CRE program on Family counseling and therapy as a **resource person.**

**Researches Done**

* A qualitative inquiry of the neighbors of a rape victim at Kamduni village, understanding their views on the causes and prevention of rape
* A qualitative probe into violence against women in the life of sex workers of Sonagachi

Presented at NAOP

* A Documentary Research on the meaning in life of Pet Owners
* Dissertation submitted in partial fulfillment of Masters’ in Psychology

Title- **Temperament and Executive Functioning of Video Gamers**

* Dissertation Submitted in Partial Full fulfillment of PGDDRM

Title- **A Comparative Study on awareness and effectiveness of various schemes and benefits of Disabled Person**.

**Skills and Interest**

**Psychological Assessment**

**Intelligence Tests**: WAIS III, WISC, BKT, MISIC

**Personality Test:** EPQ-R, NEO-5, TCI, MCMI-III

**Neuro-psychological Assessments:** PGI-BBD, WCST, TOL

**Projective Test:** The Rorschach Ink Blot Test, Thematic Apperception Test (TAT), Children’s Apperception Test (CAT), Draw-a-Person Test (DAP)

**Tests for Childhood problems:**VINELAND Social Maturity scale (VSMS), Deveurex Scale for Mental Disorder (DSMD), Childhood Autism Rating Scale (CARS), Childhood Depression Inventory (CDI), Childhood Symptoms Inventory (CSI)

**Experiences Accrued**

Working as a counseling psychologist for last **2 year** at **ANANDANIKETAN,** Society For Mental Health Care, Khajurdihi, Burdwan.

Working as a Guest teacher of Psychology of D.Ed (Special), NIEPMD at home centre of ANANDANIKETAN for last **2 Year.**